The Blissful Bower



The Blissful Bower – a place of tranquility for an holistic massage

The Blissful Bower is our Shepherd's Hut which rests just below the Perry Pear tree and Church and overlooks the rolling Gloucestershire countryside at Pauntley Court. It gives the perfect on-site opportunity to cocoon yourself away for an hour with Lyndsey, or a member of her team who are all experienced masseurs.

With three different types of massage treatments to choose from, why not de-stress yourself and relieve any last-minute pre-wedding tensions or just treat yourself to a relaxing post-wedding wind-down.

Both you, your family and guests staying at Pauntley for the weekend, can book in for a treatment on the Friday or the Sunday <u>here</u>. Choose a your massage and time and pay your £20 booking deposit fee to secure your appointment. The rest will be payable when you arrive at Pauntley.

As a couple, if you would like to take up this wonderful option and each book a massage, we will offer you the opportunity to check into the Elinor Fettiplace Wing earlier on the Friday morning, so you can relax and spoil yourselves before your guests arrive at midday. What could be a more perfect and calming way to start your wedding weekend?!

Couples are welcome to book the hut as part of their wedding package. The hut can be booked on a Friday or a Sunday (minimum booking two hours). Please speak to Mellissa for more information.

Example:

2 hours / Friday 2pm-4pm OR 4.30pm - 6.30pm

3 hours / Sunday 3pm - 6pm OR 1pm - 4pm







Blissful Treaments



The Medlar Massage

A heavenly bespoke massage using tension relieving techniques alongside wild crafter aromatherapy oil.

Pauntley Pamper Massage

Unwind with a restful combination of back, foot and scalp massage using hot towels to cleanse the feet and hydrating cream to finish.



The Blissful Bower Massage

Treat that special someone or yourself to a full body massage along with the added benefits of a mini facial with bi-retinol gold face mask and hyaluronic serum to finish. Even one for the boys! This treatment, we named after the exotic Bower Bird, which has a very special courtship!



Indian Head Massage - 30 minutes

Treatment can be performed full clothed and with no oils if preferred.

Swedish Foot Massage - 30 minutes

Lie back, take the weight off and enjoy a therapeutic foot massage with your therapist using pressure points to aid maximum relaxation.



For prices and more inforatom on booking please do speak to Melissa.